

CNA/Resident Assistant

Brief list of Duties

Nature And Scope

Provides direct care assisting residents in their daily activities as outlined in the customized service plan and as defined through Eastland's policy and training. Assist in maintaining a physical, social, and psychological environment, which will be conducive to the best interests and welfare of the residents.

Minimum Eligibility Requirements

- Maintain required hours of Alzheimer's and related Dementia-specific training as required by state regulations each year.
- Must be 18 years of age or older.
- Ability to read, write and speak English.
- Ability to communicate effectively with residents, families, staff, vendors, and the public.
- Must have compassion for and desire to work with the elderly.
- Must demonstrate the ability to work responsibly as a team member, as well as an individual.
- Must be honest, fair, dependable, respect confidentiality and rights and privacy of others.
- Previous experience working with the elderly.
- Must meet all health requirements.
- Must pass criminal background check.
- Must be able to perform duties and responsibilities (essential job functions), with or without reasonable accommodations.
- Maintain a positive and cheerful attitude.
- Maintain a professional appearance, adhering to the uniform policy.

Essential Duties

- Assist residents with all personal care needs such as bathing, grooming, shaving, oral hygiene, make-up, powder, deodorant, toileting, and incontinence care.
- Assist with any housekeeping that is needed, i.e., changing of bed linens, dishes, straightening apartment, taking out the trash and laundry.
- Assist with mobility such as positioning, transferring, and transporting.

- Complete medication reminders.
- Follow assignment sheets/checklists.
- Receive and/or give verbal shift report.
- Practice proper Universal Precautions and Body Mechanics for resident and staff sanitation and safety.
- Assist residents to and from the dining room when needed.
- Assist with dining room service and tray delivery/pick-up of meals to the residents.
- Monitor the phone, all doors, and alarms systems.
- Respond to emergency call signals promptly.
- Report incidents and complete appropriate paperwork.